



**Knowledge
Translation
Canada**

Date: Jan 12, 2017

13:00 - 14:00 AT
12:00 - 13:00 ET
11:00 - 12:00 CT
10:00 - 11:00 MT
9:00 - 10:00 PT

BROADCAST TO:

Toronto:

St. Michael's Hospital,
209 Victoria,
Li Ka Shing Institute, Rm 573
KleinG@smh.ca

Ottawa:

Ottawa Hospital General Campus,
Centre for Practice-Changing Research,
Rm L1111
vperreault@ohri.ca

Hamilton:

McMaster University
MDCL 2232
jyost@mcmaster.ca

London:

Western University, NCA Library,
Elborn College, 2nd floor, Rm 2262
sheila@nca.uwo.ca

Québec City:

CRCHUQ/ Hôpital Saint-François
d'Assise, Rm D6-725
Hubert.Robitaille@crchudequebec.ulaval.ca

Hôtel-Dieu de Lévis
Pavillon des Augustines - local 4621
wikiteam.ciissca@gmail.com

Halifax:

Tupper Building Rm G36
Dalhousie University
Robyn.Traynor@nshealth.ca

Edmonton:

Edmonton Clinic Health Academy,
ECHA 5-099
megan.nuspl@ualberta.ca

Winnipeg:

Room 315, Chown Building
753 McDermot Avenue
lcrockett@exchange.hsc.mb.ca

Richmond:

Arthritis Canada
Langford Room
5591 No. 3 Road
jleese@arthritisresearch.ca

Kingston

Queen's University,
Bracken Library group study room 126
simon.french@queensu.ca

SAVE-THE-DATES!

Winter 2017 :

Feb. 9
Mar. 9

Spring 2017 :

Apr. 13
May 11

To add a site and for more information, please contact Gail Klein: KleinG@smh.ca

KT Canada National Seminar Series

KT Canada Presents:

Sophie Desroches and Audrée-Anne Dumas

Title:

Using social media to improve dietary behaviors

Learning objectives:

- Outline the steps to develop an evidence-informed nutritional intervention using a blog as a KT strategy
- Present findings from preliminary work leading to a randomised controlled trial assessing the impact of using a healthy eating blog as a KT strategy on dietary behaviors
- Explore the uses, users and impact of social media such as blogs in dietetic practice

Sophie Desroches, RD, PhD, is an Associate Professor at the School of Nutrition at Laval University, researcher at the Institute of Nutrition and Functional Foods and at the Population Health and Practice-Changing Research, CHU de Québec - Université Laval. Building on the diversity of her training experiences in nutrition and chronic diseases, shared decision making and knowledge translation, her research program aims to secure the conceptual, methodological and practical bases for identifying and evaluating knowledge translation strategies that will optimize adherence to dietary advice. Her more recently funded research projects have explored adherence to dietary advice for preventing and managing chronic diseases, and the use of social media, and more specifically blogs, as a knowledge translation strategy to improve dietary behaviors.

Audrée-Anne Dumas is a registered dietitian and a PhD candidate in nutrition under the supervision of Sophie Desroches, RD, PhD, at Laval University, in Quebec City. Her field of research is the use of social media – more especially healthy eating blogs – to transfer nutrition knowledge, influence eating behaviors and optimize adherence to dietary advice. During her PhD, she aims to assess the impact of an evidence-informed healthy eating blog on dietary and food-related behaviors of mothers and their children. She is a former KT Canada STIHR trainee and has great interest in improving how nutrition knowledge is translated into clinical practice to improve the health of the population. In her everyday life, she promotes healthy cooking and positive attitudes towards food, and makes nutrition information more accessible in her own nutrition blog (www.unetouchedemielle.com).

Each session includes a question and answer period (15 minutes per 1 hour session)

TO REGISTER:

This session is offered by WEBEX from St. Michael's Hospital in Toronto. All registration requests must be sent to Gail Klein: KleinG@smh.ca by Wednesday, January 11, 2017 at 12:00 PM ET.

To register a site: please identify one person who will be in attendance and provide their email address to Gail Klein. To register as an individual; please email Gail Klein.

PLEASE NOTE THAT ALL INDIVIDUALS MUST REGISTER TO ATTEND AS YOU NEED TO BE INVITED INTO THE WEBEX SESSION

Technical requirements: You need a computer with Google Chrome and a telephone or computer microphone or headset.

Archived sessions will be posted within 3 business days on our website.

Accreditation:

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto, You may claim up to a maximum of 1 hour (credits are automatically calculated).